

News & Views



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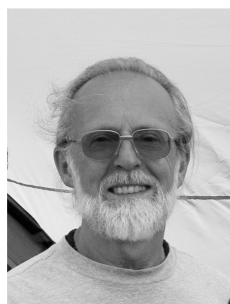
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Welcome

Welcome to the June edition of News & Views, the newsletter of Charnwood u3a. We hope you'll find it both entertaining and informative. The content is written by members, and details for sending contributions can be found at the end of this newsletter.



A Message from the Chair



At last – spring has sprung! It is three days since our central heater boiler has fired up (do we dare switch to summer setting?) and going out doors without a coat is becoming the norm. My allotment vegetables have woken up and are growing strongly. Unfortunately, the same also goes for the weeds! The recent rains followed by ‘proper’ May weather will, of course, also generate armies of slugs and aphids wholly intent on targetting our crops and flowers – but it is never quite right for us gardeners.

This warmer weather, along with the lockdown relaxations, will also be encouraging more of you to resume u3a activities. Many (most?) of us will by now have had both Covid vaccinations, so confidence levels will be on the up. Do please remember that no vaccine has ever given 100% protection, so we still need to keep our guards up. It does appear that transmission of the virus is very low in outdoor situations, but I urge you – continue with social distancing.

Now that Charnwood u3a is starting to wake up, we are once again looking to the future. Many of you have completed the Members Survey – thank you, we are very grateful. The more information we get, the more we will be able to address your wishes and concerns. So, if you haven't done so yet, please complete the survey and return it to me. We will be taking note of ALL comments received.

The Relaunch Day (Thursday 8th July) is now in the advanced planning stages. We have booked the Sock Gallery in the Town Hall, where all of our Interest Groups are invited to have a presence – to show/describe what you do, and so attract interest from both new and existing Charnwood u3a members. Over the coming couple of weeks, the event organising committee will be in personal contact with all of our Group Leaders.

To attract new members into the Town Hall we will also have a presence in the Market Place – to hand out leaflets and explain, to the uninitiated, the virtues of u3a membership. Many of you have already expressed willingness to help out on the day, but we still need more. Do please let me know if you can join us – even if it's only for an hour.

I wish you all a very happy June – don't forget the sun block!

Mike Hood
Chair Charnwood u3a
chair@charnwoodu3a.org.uk

Cu3a Relaunch Day JULY 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Interest Groups

Details of Groups can be found on the Charnwood u3a website:
www.charnwoodu3a.org.uk
under 'Our Groups' menu.

Our Monthly Meetings

Last month, our speaker was Samantha Hancock of Leicestershire Police who gave us a well-presented and very comprehensive talk, full of useful information on staying safe from fraudsters and scammers both on-line and on the phone. If you didn't catch the talk, you can still access the recording (using the link emailed to all members on 12 May) - but **only until 10th June**. Further information on this topic is available from the **Stay Safe** page of our website at <https://www.charnwoodu3a.org.uk/siteb/StaySafe.html>

Our Next Meeting: Wednesday 9th June at 2:30 pm

A Schoolgirl's War - Speaker, Mary Smith

I am delighted to welcome Mary Smith to our u3a for our monthly speaker this month, even if only by Zoom.

Mary is the retired headteacher of a grammar school in Maidstone, Kent and coincidentally lives a few yards from my home before I moved to Loughborough in the 1980s.

Since retirement, she has turned her hand to writing and, in particular, the experiences of secondary school pupils during the Second World War, in a book entitled "A Schoolgirl's War". Her talk will feature several paintings relating to the subject.

Mary Smith will describe an aspect of the war rarely given much attention.....education. Please give her our usual welcome on Wednesday 9th at 2:30 pm.



Graham Cooper
Programme Secretary

Further background to this month's talk: The inspiration for the book and this talk was the discovery of a cardboard box containing a wartime diary, produced by an art mistress at the grammar school. The diary is illustrated with sketches in vibrant colour and fine detail. This visual record has been enhanced by the oral testimony of Old Girls of the school located and interviewed several decades afterwards.



IMPORTANT: Places in Zoom sessions are limited, so to ensure your place, **pre-registration is required by Monday 7th June.**

To book your place, please go to the June Monthly meeting page on our website at:

<https://www.charnwoodu3a.org.uk/siteb/MonthlyMeetingJune2021.html> and complete the registration form before the deadline.

For couples planning to attend the presentation using a single computer, tablet or smartphone, only one of you should submit the form. You will receive an email confirming your booking.

An invitation to join the meeting will then be emailed the day before the meeting to all those who have pre-registered. Late registrations will be accepted only if there are places still available.

Looking Ahead: Zoom Meeting on 14th July, 2:30 pm

For our July meeting, we have a talk entitled '**Living the African Dream**' presented by wildlife photographer **Alison Mees**. More details of this meeting will be available on the website and in next month's *News & Views*.

Looking Further Ahead:

We plan to hold monthly meetings via Zoom in August and September, on the afternoon of the second Wednesday of the month as usual. Further details of these meetings will be published on the website and in *News & Views* when the topics and speakers have been confirmed.

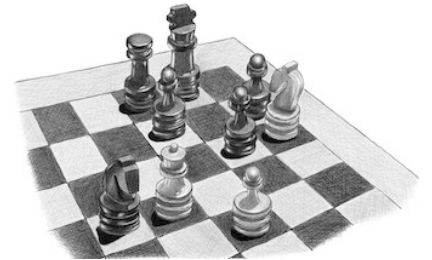
Group News

Members of the Board Reunited

It has been a long time since the u3a Chess Group were able to gather together for a session of chess guaranteed to test brainpower - March 2020 in fact. But now, at long last, a date has been set to resume battle on the chessboards, **Monday, June 21st** - which just happens to be the planned official day when all Covid restrictions are to be lifted. Of course, this is all with fingers firmly crossed that events won't be jerked into reverse gear in the meantime.

Some members may well have been playing chess online, but I am sure all will agree, nothing beats the real thing, face to face.

The Chess Group is a small group and meetings are held at each other's houses every other Monday at 2pm. Anyone interested in joining can contact group leader Dave Watson on Chess@charnwoodu3a.org.uk



Introducing Mahjong – Mahjong 2 via Zoom



Could you be a future recruit to our Mahjong group? Since our players last got together for a few hands of Mahjong, we have had a number of players moving away so we have room in our group for beginners.

We would like to give anyone interested a chance to get to know this intriguing 19th century game of tiles. You'd learn the basics to get you started, enabling you to enjoy playing with us.

The game itself is very easy to pick up and has similarities to rummy. The intricacies of learning to deal the tiles

takes a little longer, but beginners needn't worry, everyone mucks in to help and it is mainly a game of luck and a small amount of strategy.



Please contact our group leader Linda Reidie at MahJong2@charnwoodu3a.org.uk for further information or to book a Zoom session.

Days of Interest Group



Bakewell Bridge

We are – hopefully – back in business, with trips in both July and August 2021.

Our first trip, on **Saturday 24th July 2021**, will be to **Buxton and Bakewell**. Our second trip, on **Saturday 28th August**, begins with a short cruise on **Rutland Water** in the Rutland Belle, followed by a visit to the nearby **Gates Nursery**.

The cost of the Buxton and Bakewell trip in July is £12 per person and for the Rutland Belle and Gates Nursery in August is £21.50 per person.

Our group members have already been circulated with details and booking forms and their request for places will take precedence. However we often have a few spare places, so if you are interested in joining us on either trip, please contact Pauline May at DaysofInterest@charnwoodu3a.org.uk for details.

More Group News

Travel Group

Once upon a time, members used to meet every two months to savour the sights of our previous holiday together.

With no such photos since the beginning of the first Covid lockdown, the working party called on members to help out with their own back catalogue.

The results were shown at the May meeting - and what an interesting cross-section they were.

Two black-and-white offerings (*right*) marked the beginning of separate romances leading to long and happy marriages. One was of a skiing trip in the Austrian Alps, the other an archaeological excavation on a small uninhabited Welsh island.

Other photos showed extraordinary holidays around the world, from ancient Petra to the biggest and best the US could offer, right up to the Thames Barrier in London.

The working party has decided to stay with Zoom in July, with September planned as a tribute to our former leader, Ruth Muldoon, who died a year ago. The idea is to have a short business meeting at Longcliffe Golf Club, followed by a meal with memories and photos of a much-missed lady.

On the right are the 1960s photos which include two of our members - can you guess who they are?

The lady with the pigeon met her future husband, second left on the back row. The future couple on the skiing trip are second and third from the right.

Answers are at the end of this issue of News & Views.

Kate Watson



Spare Places on Trips

Keep an eye on our *Upcoming Trips* page on the website - under the *Our Meetings* menu:

<https://www.charnwoodu3a.org.uk/siteb/UpcomingTrips.html>

where spare places - open to non-group members - will be advertised. Remember that, for insurance purposes, everyone going on these trips must be u3a members.

Further Group News

Orkney Tour: Summer 2022 - Booking Deadline 7th June 2021

The Travel Group are planning a trip to the Orkney Islands **10th-15th July 2022** and currently have a few vacancies. This trip could be of particular interest to those in the Archaeology group and also to others.

The deposit of £200 per person, along with the booking form, **must be submitted as soon as possible - and no later than June 7th 2021.**

Final numbers are needed promptly to reserve the seats as soon as LoganAir release the dates in June/July this year. LoganAir will fly from either Birmingham or Manchester to Kirkwall via a change in Scotland (probably Aberdeen).



Scara Brae, Orkney
© Tony Westaway

Details of the trip are available from the 'Upcoming Trips' page of our website at: <https://www.charnwoodu3a.org.uk/siteb/UpcomingTrips.html> where there is a link to a flyer giving lots more details of the itinerary.

If you are interested in going on this tour, please contact Avril Wilkinson on avril.wilkinson@ntlworld.com for a booking form as soon as possible.



Tai Chi

Following relaxation of Covid restrictions, the Tai Chi group have restarted meetings from 21st May. They now have a new home at **Greenfields Social Club**, meeting at **10:30am every Friday**, and a new Group Leader - **Jon Ivins**.

For more details, contact Jon at TaiChi@charnwoodu3a.org.uk

ETHEL

Who knew that exploring language could open the door to the infinite labyrinth of human knowledge and experience that is Charnwood u3a?

After last month's fascinating talk by BSL interpreter Helen Hamston, ETHEL members resumed their exploration of jargon. Chaucer first used the word in his Merchant's Tale, comparing a character's talk to the jabbering or chattering of birds, hence the later 'gobbledegook'. May found members examining its more recent sense of 'specialised terminology associated with a particular field or activity'. Examples included chimping (photography), BOTAT (rambling), wingman (aeronautics), Canadian Bacon and Beef Carpaccio (not the latest Nando's menu, but snowboarding tricks), gongoozler, snubber and elum (traditional working canal boats) and, from an extensive and often non-PC list of police code words, PLONK (a Person of Little or No Knowledge).



Ethel can now consider changing her Facebook status from 'plonk' to 'polymath' (or for her less kind friends, 'know-it-all'). In the meantime, too easily beguiled by the antics of the landed gentry in 'Pursuit of Love', she is preparing to tackle the delicate question of U and non-U English - and whether it still matters. On the 22nd June, the group will debate toilet v. lavatory, lounge v. sitting room, what v. pardon and other examples of linguistic etiquette. Now Ethel is off to learn how to talk posh.

June 2021 Meetings

MON	TUE	WED	THU	FRI
	1 Jun 09:30 Pilates 2 10:00 10+ Walks 10:45 Gym Fitness 10:00 Spanish 14:00 Sing-Pleasure	2 Jun 10:00 Classical Greek 10:00 German 10:00 Golf 14:00 SustainPlanet	3 Jun 10:00 Spanish Conv 14:00 Bowls Outdoor 14:00 French Conv	4 Jun 10:00 German Adv 10:00 Mah Jong 2 10:30 Tai Chi 11:00 Photography 13:30 Pilates 1
7 Jun 09:30 Yoga 10:00 Latin	8 Jun 09:30 Pilates 2 10:00 EngParishC 1 10:45 Gym Fitness 11:00 Parlate Italiano 14:00 EngParishC 2 14:00 Philosophy	9 Jun 10:00 Golf 14:30 MonthlyMeet	10 Jun 10:00 Committee 10:00 Little Extras 14:00 Bowls Outdoor	11 Jun 10:00 Classical Civ 10:00 Mah Jong 2 10:30 Tai Chi 13:30 Pilates 1
14 Jun 09:30 Yoga 14:00 Archaeology	15 Jun 09:30 Pilates 2 10:45 Gym Fitness 10:00 Spanish	16 Jun 10:00 German 10:00 Golf 14:00 Family History	17 Jun 14:00 Bowls Outdoor 14:00 French Conv	18 Jun 10:00 German Adv 10:00 Mah Jong 2 10:30 Tai Chi 13:30 Pilates 1 14:00 Mac Users
21 Jun 09:30 Yoga 14:00 Chess 14:00 Gardening	22 Jun 09:30 Pilates 2 10:00 ETHEL 10:45 Gym Fitness 11:00 Parlate Italiano 14:00 Philosophy	23 Jun 10:00 Golf 10:00 History 3 14:00 Classical Music	24 Jun 10:00 Little Extras 14:00 Bowls Outdoor	25 Jun 10:00 Mah Jong 2 10:30 Tai Chi 13:30 Pilates 1
28 Jun 09:30 Yoga 14:00 Local History	29 Jun 09:30 Pilates 2 10:45 Gym Fitness	30 Jun 10:00 Golf		

Note: Saturdays and Sundays have been omitted from the above calendar for reasons of space; no weekend meetings in June have been notified to the Editor.

Some of the above meetings may be open to non-members of the group. Please check with the Group Leader if interested. For more information about these meetings, please see the Group News and Our Monthly Meetings sections of this newsletter and also visit our **website** (<https://www.charnwoodu3a.org.uk>) for the interactive calendar which is regularly updated, with direct links to the group pages for more details. *Note: you can access the latest calendar of meetings direct from the Home page without needing to log in.*

If Group Leaders would like to send dates/times of their planned meetings in July to the Editor at newsletter@charnwoodu3a.org.uk, these will be included in next month's calendar both in News & Views and on the website. If there are any errors in the above calendar, or if you are **not** planning to meet over the summer, please also let us know. The calendar includes both face-to-face and Zoom meetings, with more details available on the group pages of the website.

How It All Began...

Two documents, describing the birth of Charnwood u3a in 1997, have recently been discovered and are now available for you to read on our website at:

<https://www.charnwoodu3a.org.uk/siteb/MembersAreaPublic/OurBeginnings1997.html>

by following the links to 'In the Beginning' and 'In the Beginning - Handwritten'. They make for interesting reading.

Newspaper Licensing Agency (NLA) licence

As you may already know, we already have the following licences:

- a PPL/PRS Music Licence that allows us to play/perform music;
- a Movie Licence that ensures copyright compliance for use of all broadcast television, streaming, downloads, and DVDs/Blu Rays and/or distributed by MPLC affiliated producers;
- a CLA licence that allows us to copy extracts from certain books, journals, magazines, and other publications.

These licences are detailed on our website at:

<https://www.charnwoodu3a.org.uk/siteb/MembersAreaPublic/LicencesandInsurance.html>

However, these licences do not cover newspapers and a wide range of magazines. We have decided to fill this gap by purchasing a 'charity' licence from the NLA.

The NLA works on behalf of the UK's newspaper and magazine publishers. They license organisations to make paper and digital copies of newspaper, magazine and news website content. The licence covers all newspapers and magazines on the NLA list.

There are 14,338 titles which include:

- all UK national and regional newspapers (2,510 in total);
- a large number of UK magazines (3,133 in total);
- a range of international titles (8,695 in total).



There are, however, strict regulations connected to the use of the licence. One of these is that the use will be limited to a **maximum of 25 named individuals**. There are also restrictions on how copied materials can be used. These will be explained to any group leader who would like to take advantage of this licence.

Hilary Knowles, the groups coordinator, will shortly contact group leaders to find out which groups are interested in participating in using this licence.

Tony Westaway



Network News

How to Run Meetings in Alternative Ways - Zoom meeting 8th June

Many of us have been thinking about alternative ways of holding meetings, including "hybrid" (face-to-face + Zoom) meetings as the Covid restrictions are relaxed, and what technology and costs may be involved.

This Zoom session, run by Liz Thackray who has been running the u3a Zoom workshops, will address such issues, covering both technological and other considerations. Attendance should prove useful for group leaders and others involved in running u3a meetings.

The login details are given below. The meeting starts at 10:30 but you are recommended to log in as soon as possible after 10:00 to secure your place.

Time: Jun 8, 2021 10:00am login for 10:30am start

Join Zoom Meeting by clicking on the following link:

<https://us02web.zoom.us/j/82305634529?pwd=VVBhdytuUUVUUXJlQjVCN2NMMkUyZz09>

Meeting ID: 823 0563 4529

Passcode: \$mV4L#



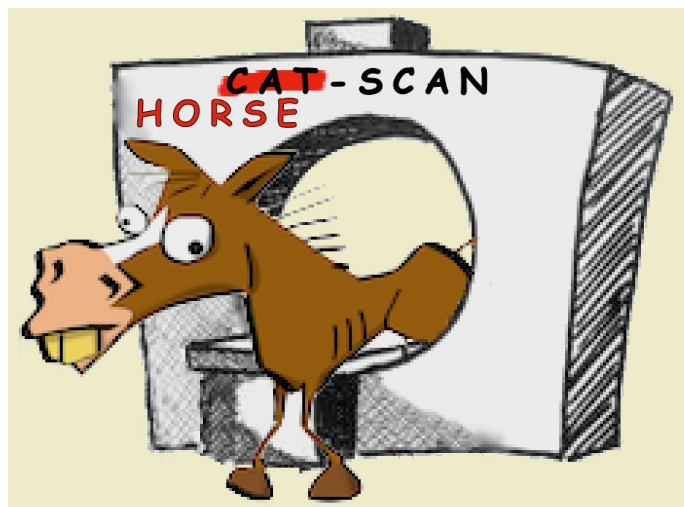
From the Horse's...

In the 70s, during my time developing CT body scanners, I remember two rather unusual projects.

Firstly we wanted to get the scanner to take pictures of the heart, by synchronising the scan with the very brief pauses between heartbeats. What we needed was a volunteer with a naturally slow and regular resting heartbeat.

Fortunately, a member of the research team fitted the bill - an amateur athlete who ran long distance races in his spare time. This chap happily agreed to be our test subject.

Our second project was focussed on rather unusual "patients", racehorses in fact! Whilst this may seem strange, just think a moment - scanners were expensive, over £250,000 then, but so were top flight racehorses. It definitely made economic sense to use a scanner if it kept a horse fit to race for longer, let alone the humane issue of potentially extending the comfortable life of a horse.



So we got the go-ahead to scan horses. All very well but horses' bodies are much larger than humans' and quite a different shape. Our main problem was simple: how do we get a horse into a body scanner? Headphones playing restful music, a common calmer for normal patients, was not going to help with the horses.

After discussion, it was agreed that the initial phases of the project could use body parts from freshly killed horses, due to be killed by a vet. But which body parts should we use? As soon as the question was asked, you could see a flash of recognition pass across people's faces - most of us had seen "The Godfather" and thought of "an offer that can't be refused" and the classic appearance of a horse's head in a bed! We all laughed and then someone noted the most likely parts of a horse

needing scanning were their legs, and a horse's legs could easily fit into the scanner.

We collectively breathed a sigh of relief because there was a member of the research team who loved horses and had her own horse. We had envisaged having to secretly slip a horse's head into the scanner whilst this colleague was working elsewhere.

Back to the first project, where the heart scan synchronisation was going well. However, we found the volunteer's heart would beat even slower if we cooled him down with ice. To test this, we needed to measure his temperature fairly accurately. A suitable thermometer for this was found.

One day our volunteer was getting ready for the latest heart beat trials. Whilst he was sat on a bench near the scanner with various wires attached to his body and a thermometer in his mouth as usual, a couple of colleagues entered the lab and wandered over to have a chat. After a few moments, one of them said, "Oh I wondered what happened to my thermometer".

The speaker was the horse owner, who said "actually it's not my thermometer but my horse's and it's not normally stuck in the horse's mouth but its...!" We didn't hear the last word as our volunteer jumped off the bench shouting and trying to spit out the thermometer! Once things had calmed down, the horse owner turned to him and said "Don't worry I always give it a thorough clean after use!"

Peter Reid

Which? Alerts

I recently signed up to receive emails concerning scams, phishing emails, fake texts, cold calls and other types of fraud with 'Which?' and thought it a good idea to pass on this very informative information to u3a members. This facility is free.

To sign up to receive these emails, members need to log on to their website: <https://www.which.co.uk> and scroll to the bottom where you will find 'Scams Advice' and the facility to sign up to receive emails. This will send you to a page 'Campaigns Scam alerts service'. You just input your name and email address and sign up. It's as easy as that.

And they don't inundate you with loads of emails, just when there is the latest scam!

I hope this helps our members to keep safe and aware.

Angela Yeo

News from the National u3a



On-Line Events this Month:

Various free on-line events are on offer in June. These include:

- **'Marine Wildlife'** with Hampshire & Isle of Wight Wildlife Trust (Mon 7th Jun, 10:30 am)
 - **'An Introduction to Climate Change'** with Brenda Ainsley, Cotgrave u3a (Fri 11th Jun, 10:30 am)
 - **'Live Cookery Demonstration - Al Fresco Food'** (Mon 21st June, 10:30 am)
- ...and many more. Booking is essential for all these u3a events.

For details of these and other upcoming on-line events offered by the National u3a, including how to book, go to: <https://www.u3a.org.uk/events/educational-events>

There is also a tutorial on **'How to use Zoom for Tablets (ipad or android)'** on **28 June at 10:00** which some members may find useful. Go to <https://tinyurl.com/2u6aavjn> for details and a booking link.

u3a 40th Anniversary Quilt Competition:

To celebrate the u3a's 40th anniversary in 2022, a u3a-wide **Anniversary Quilt competition** is being launched on the theme of **'Positive Ageing.'** Any u3a member, or group of members or Interest groups can enter. Forty squares will be chosen from your entries to complete the final quilt.



See more information about this competition on the competition entry form at: <https://u3auk.wufoo.com/forms/mekou1w14njhc/> or contact michaela.moody@u3a.org.uk for more information.

National u3a Newsletter and More:

To register to receive the National u3a newsletter, go to: <https://www.u3a.org.uk/newsletter>

The latest issue (May) is available at: <https://tinyurl.com/5vzexuwa>

Previous issues can be accessed from the archive section at <https://www.u3a.org.uk/about/newsletter>

There is also a bitesize edition in PDF format which is easily printable; the latest one (May) can be found at: <https://tinyurl.com/kkrttupp>

Also check out the u3a journal **Sources** at <https://sources.u3a.org.uk/> and the u3a National programmes page at <https://www.u3a.org.uk/learning/national-programmes> for more news and ideas.

Friends of Charnwood Museum

Friends of Charnwood Museum present monthly talks via Zoom on a variety of different subjects.

All talks start at 7:30 pm and are FREE at the present time.

Places are limited, so you will need to book, and once you have booked on to the talk, you will receive a secure link to the event by email a few days prior to the event.

Their next talk is **on Thursday June 17, 2021 at 7.30pm**. Entitled **'Iron Age Living, Food and Cooking'**, speaker **Rosemary Gibson** will take us through what it was like to live during the Iron Age with a particular focus on food and cooking.



For more information on upcoming talks, including how to book, visit the Friends of Charnwood Museum Events page at: <https://www.charnwoodmuseum.co.uk/events>

If you would like to find out more about the Friends of Charnwood Museum, please call the Museum on 01509 233754 or email museum@charnwood.gov.uk.

Quiz Time: (answers in next month's News & Views)

- 1) Which three US Presidents were born in 1946?
- 2) The marriage broker, Goro, arranges a sham wedding for the title character of which Puccini opera?
- 3) What is the job of someone who regularly drops and raises his/her pants?
- 4) Which famous London street is named after a diplomat born in Dublin in 1623?
- 5) Name the only island nation in Europe not in the European Union.
- 6) In 1992 which Ethiopian runner became the first black African woman to win Olympic gold?
- 7) What is the name of Andrew Neil's new television channel?
- 8) Which two British Crown Dependencies celebrate Liberation Day on May 9th?
- 9) Which king wrote the treatise "*The Defence of the Seven Sacraments*"?
- 10) David Ben-Gurion called which Israeli politician "The Best Man" in government?
- 11) The dessert *samoan poi* blends coconut milk with which mashed ripe fruit?
- 12) Which infantry unit is commanded by a lieutenant or second lieutenant?
- 13) The meaning of which of these words is the odd one out?
REGENERATE, REGURGITATE, REVITALIZE, REANIMATE
- 14) "The Blue Danube" is a waltz written by which composer named "Strauss"?
- 15) If one letter from each word below is changed and the order retained, which often used phrase results? **AN SHE ODE LAND**
- 16) The only one of his own paintings sold by Vincent Van Gogh is called what?
- 17) Endocrinology is the study of which group of organic chemicals?
- 18) The coat of arms of the Holy See features a pair of crossed what?
- 19) What is the collective noun for bakers?
- 20) Name all the cities in Northern Ireland.



Poetry Corner

DADDY OBSERVED

I often go to the window
To watch Daddy go by.
The dogs and he are a trilogy
Of love, trust and respect.
Large and small walking tall,
Ten legs stepping out happily
Make a delightful prospect.



In the rain, with his cap on straight,
Daddy will never accelerate.
The pace is geared to the shortest legs.
Westie's companion never begs
For longer strides or slacker leads.
All three are content. Daddy proceeds
Whatever the weather, even when he needs an
umbrella.

Twice he improvised when it was fair;
First a bicycle, then a pushchair!
But always the dogs, trotting side by side.
The baby had a privileged ride.

I don't speak to Daddy, so there is no way
I can tell him that his trio always makes my day.

I wonder whose Daddy he is.

Copyright Louie Carr, 2006
Published in *Family Matters*,
Forward Press, 2008.
SB ISBN 978-1-84602 069 8

Items for News & Views

Do you have an announcement, story, poem - or even a short comment - to share with your fellow Cu3a members? All contributions are very welcome, and we can preserve your anonymity if you prefer that your name does not appear in the newsletter.

There is a limit of around 500 words per item, and photos are very welcome.

To enable the newsletter to be compiled in time for delivery to members at the start of each month, the deadline for receiving items will normally be the last day but one of the previous month. The deadline for the **July** issue of **News & Views** will be **Tuesday 29th June (12 noon)**.



Please send your contributions to the Newsletter Editor at: newsletter@charnwoodu3a.org.uk

Please make sure you include your contact details with your item, and try not to leave it until the last minute if at all possible.

The Editor reserves full editorial rights as to length and suitability and the Editor's decision is final.

News & Views is sent to all Charnwood u3a members by email link (or, for those without email, by post) before the monthly meeting. It is also available to read on the Charnwood u3a website each month at www.charnwoodu3a.org.uk under the News menu.

Thank You!

Helen Reid
Newsletter Editor
Charnwood u3a



Contact Details for Committee and Group Leaders

Names and photographs of the Committee and their generic emails ending @charnwoodu3a.org.uk are available on our website under Contact Us - Committee Contacts.



The names and generic email addresses of Group Leaders for each group can be found on that group's dedicated website page, accessed via Our Groups - Groups Listed...

Telephone numbers of Group Leaders can be accessed from the Members area of the website, using login details previously supplied.

Some other useful u3a web addresses:

National u3a: <https://www.u3a.org.uk>

The Association of East Midlands u3as: www.eastmidlandsu3as.org.uk

Leicestershire and Rutland Network: www.landru3a.org.uk

Beacon system: <https://beacon.u3a.org.uk>



Answers to Travel Group's picture poser on page 4:

Gwyn Jones met John on St Tudwals Island East, off the coast of Abersoch, digging for remains of a monastic settlement. They were married for 55 years.

John Evans met Wendy when she skied into his Austrian holiday as a last minute replacement. They were married for 52 years.