

# News & Views


 Newsletter

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## Interest Groups

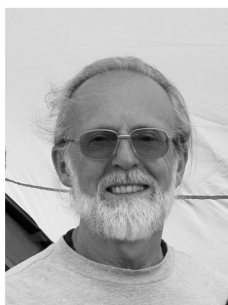
Details of Groups can be found on the Charnwood u3a website:  
[www.charnwoodu3a.org.uk](http://www.charnwoodu3a.org.uk)  
 under 'Our Groups' menu.

## Welcome

...to the October edition of News & Views, the newsletter of Charnwood u3a. We hope you'll find it both entertaining and informative. The content is written by members, and details for sending contributions can be found at the end of this newsletter.



## A Message from the Chair



My goodness, what a topsy-turvy time we are having – even without bringing Covid into the equation! August '21 was one of the worst (weather-wise) for very many years. Long, cool, overcast days – hardly any sign of sun or rain. It is going to take our garden some time to recover. And then along comes the September heatwave. When I brought the milk in this morning (Saturday 25th) at 4.30am – don't ask! – the temperature outside was 17°C, the 'normal' mid-afternoon figure for this time of year. All very nice, but we still need rain.

Now looking forward, one wonders what October will throw at us. I am not into crystal-ball gazing, so the weather will be what it is. However, what I can confidently say is that it will be a watershed month for our u3a. We were obliged to cancel the Relaunch Event planned for July, but now we are all set for it to take place on Saturday 9th, when we will have a stall in Loughborough Market. This will be our opportunity to show the general public what we are all about and, hopefully, encourage a few of them to join us. Last week, I sent out an appeal for volunteers to help out on the day – at the stall and/or handing out leaflets around the market place. Your response so far has been very encouraging, with a good number of you offering help. (*If you are one of these, I will be in touch soon to confirm time slots*). But we will welcome more. If you want to help keep Charnwood u3a active, vibrant and forward thinking, and can come along for an hour or two on the 9th, please let me know.

Then, on Wednesday 13th, we return to Emmanuel Church for our first face-to-face Monthly Meeting since March 2020! *Note:* This will be a 'blended' meeting – the option of joining us via Zoom will be available for those of you not ready to return in person (*for details, see page 2*). Emmanuel are not imposing any restrictions on us and so, with some sensible precautions, proceedings will be pretty much as they were prior to lockdown. Of course, the church hall is a confined space, so some of you may feel more comfortable wearing a face covering – but this will be optional. Do remember, however, to give consideration to others present. Should you wish to approach and/or talk to someone who is wearing a face covering, please do likewise unless/until they indicate that they are comfortable for you to remove it. This will be a bit of a challenge when we get to the tea and biscuits, but I am sure I can rely on you all to act responsibly. On the subject of refreshments, please say hello (and thank you) to Patricia Drake who has taken over their management. You will find her at the servery. *Note:* we will be using the Church cups and plates. If this is of concern to you, feel free to bring along your own.

I look forward to seeing and meeting many of you on the 9th and 13th.

Mike Hood, Chair, Charnwood u3a, [chair@charnwoodu3a.org.uk](mailto:chair@charnwoodu3a.org.uk)

## Our Monthly Meetings

At our September monthly meeting, speaker John Hope took us on a journey of time measurement through the ages, with many illustrations of timepieces over the past 3,000 years, from sundials to water clocks to mechanical clocks. This was hopefully our last monthly meeting entirely via Zoom and we look forward to meeting again at Emmanuel Church from October onwards, but with a Zoom option, as detailed below...

### Our Next Meeting: Wednesday 13th October at 2:30 pm 'Tweet, Tweet' with Bob McClumpha

For our first face to face monthly meeting since the pandemic, we have something a bit different... a talk on these delightful birds by a speaker who has a considerable knowledge of them as he owns two businesses selling and rearing parrots.

Bob McClumpha said something to me in my early contact, viz "Parrots aren't pets ...they are companions." It has stuck in my mind.

They have an intelligence similar to that of a five year old child. Few other animals and no other birds can create spontaneous laughter, as parrots can and do.

Our speaker will have two parrots with him in cages. He may bring them out on his hand but they will not fly. They may talk, hence my earlier reference (*in July's News & Views*) to not knowing how many speakers we will have!



This is a talk with a difference and will be in contrast to some subjects we have had in the recent past. Do parrots tweet? I do not know for sure! *[Editor: I thought they squawked!]* The usual cup of tea, biscuit and natter will be available.

Graham Cooper, Programme Secretary

**The above meeting will be a hybrid (or blended) meeting, combining a meeting in Emmanuel Church (on Forest Rd, Loughborough), with a Zoom Meeting.**

If you wish to attend this meeting in person, no pre-booking is required - just turn up on the day, with your Cu3a membership card.



Alternatively, if you wish to attend via Zoom, you will need to pre-register by **Monday 11th October** by completing the registration form available from the October Monthly meeting page on our website at:

<https://www.charnwoodu3a.org.uk/siteb/MonthlyMeetingOct2021.html>

**- please do not do this if you intend joining in person.**

An invitation to join the Zoom meeting will then be emailed before the meeting to all those who have pre-registered for this.

## Looking Ahead:

### Monthly Meeting Speakers Nov 2021 - Feb 2022

(second Wednesday of the month, starting at 2:30 pm, Emmanuel Church)

- **Nov 10th:** "Our Wild County" - Leicestershire and Rutland Wildlife Trust
- **Dec 8th:** Seasonal Songs - Loughborough Male Voice Choir
- **Jan 12th:** "Repairing Damaged People" - Defence and National Rehabilitation Service, Stanford Hall
- **Feb 9th:** "The Write Stuff" - Char March

## Group News

### *Jigsaw & Books Exchange*

I am now the proud keeper of lots of boxes!

I have taken over the Jigsaw Exchange group, with help from my fellow jigsaw fanatic, Suzanne Parkinson.

The group will continue to run on the first Wednesday in the month, starting 6th October, 10 till 12 at my house. Coffee and biscuits will be served!

We have a selection of paperback books, also for exchange.



Please come and join this friendly group. You don't have to bring jigsaws or books to exchange - we have plenty in stock!

For my address, please phone 01509 266877. It is an answer machine, so please leave a message. Alternatively, you can email myself and Suzanne at [JigsawPuzzle@charnwoodu3a.org.uk](mailto:JigsawPuzzle@charnwoodu3a.org.uk).

Sincere thanks must go to Dorothy Batten who has run this group so brilliantly for many years.

Ann Hawley

### *English Parish Churches*

#### **Future plans:**

From October, EPC1 and EPC2 will be amalgamated into just one group, and for the time being, all who stay as members will have the option each month either to watch on Zoom (10 am, second Tuesday) or to come to a 'live' meeting at Quorn Church Rooms (arrive in time for a 2 pm start, second Tuesday). We will see how this works out in practice. In December there will, hopefully, only be one meeting starting at 1 pm at Quorn, a 'Christmas special'.

I will be giving the same talk at both the Zoom and Quorn meetings and have decided to go back to 'basics', so we will follow a series on 'How to read a church from the outside':

- October 12th: The exterior and surroundings of our parish churches. Things to notice.
- November 9th: Regional styles and specialities across England.
- December 14th: (at Quorn 1 pm) The pleasures of 'church crawling'.

#### **Visits:**

EPC members have had the opportunity to come on several visits over the summer: We started in July at Loughborough's own parish church, All Saints. In early August, Moira Ackers organised for us a splendid day visiting Staunton Harold, Foremark and Barrow-upon-Trent. I put in an extra visit to Church Langton and Tur Langton at the end of August, and on a very rainy morning recently, some of us crossed the border into Northants to see the churches at East Carlton and Ashley. It has been good to be able to begin to get out and about again.



Roger Willson

## More Group News

### Travel Group

Over fifty past and present members of the Travel Group held their first face to face meeting in over 18 months last month at Longcliffe Golf Club (see picture below).



*Members of the Travel Group enjoying lunch at Longcliffe Golf Club on 9th September.*

After the usual business part of the meeting and a splendid meal, we valued this opportunity to share happy times spent travelling with two former Group Leaders, Sylvia Betts and Ruth Muldoon, who sadly had died since we all last met together. Many humorous incidents that happened whilst holidaying over the past 15 years were recounted - often involving unscheduled detours, unsuspecting hotel neighbours, and of course, the odd dodgy meal... not to mention various unfortunate accidents!!

However, we're a hardy lot and this hasn't put us off travelling.... as we're off to Southern Ireland very soon (3rd - 10th October) !

Destinations next year include Dorset, Puglia, Orkney and East Yorkshire; and we're already planning for 2023.

**The Travel Group currently have spare places available on these holidays next year:-**

#### **24th - 29th April 2022 DORSET**

A 6 days/5 nights holiday to Dorset, with accommodation in the 3\* Riviera Hotel, Alum Cline – this holiday includes trips to Whitchurch Silk Mill, Corfe Castle, a nostalgic journey on Swanage Railway, the Jurassic Coast (plus cruise), Kingston Lacy (NT), Abbotsbury Swannery and Sherborne Castle. **Cost £599pp (Single Supplement £125)**



#### **21st – 26th May 2022 PUGLIA**

A 6 days/5 nights holiday to the heel of Italy, with accommodation at the 4\* Grand Hotel la Chiusa de Chietri in Alberobello – this holiday includes guided excursions to Alberobello, Monopoli, Locorotondo, Lecce, Matera and Martina Franca. **Cost £959pp (Single Supplement £125)**

For further details please contact [TravelGroup@charnwoodu3a.org.uk](mailto:TravelGroup@charnwoodu3a.org.uk)

## Further Group News

### Days of Interest

In August we made our second trip of the year. It was another fairly local one, taking in a boat trip, a visit to a huge Garden Centre and to a very small outlet centre.



We started off at Whitwell, on the banks of Rutland Water, where we embarked onto the Rutland Belle for our forty minute cruise. The weather was excellent and it was a very smooth trip. As we made our way across the lake a member of the crew pointed out places of interest and gave us some of the facts and figures concerning Rutland Water itself. We also enjoyed tea and coffee and some very good biscuits. For many the highpoint was just being on the water, and admiring the landscape and sky from a different perspective.

After the boat trip, we made our way to Gates Garden centre, at which many of us had lunch in one of their excellent restaurants or cafés. Some shopping was also done. We ended the day at a small outlet centre, where there were bargains to be found.

### Places are still available for our November Christmas trip:

In the morning we are off to Doddington Hall (*pictured right*) to see the Elizabethan house decorated for Christmas. The theme this year is Secret Gardens. In the afternoon we will make the short journey to Lincoln itself where we can investigate the medieval city, do some Christmas shopping or just enjoy the cafés.



The trip departs from Tesco Extra car park on **Saturday 27th November at 9:00 am**. We leave Lincoln at 4:00 pm. The cost of the trip is £28 per person.

If you are interested in joining us on the trip, please contact Pauline May at [ppc.wat@ntlworld.com](mailto:ppc.wat@ntlworld.com) or 01509 552834 for details.



*Photos of Donnington Hall and the west garden: Richard Croft, Creative Commons Attribution-Share Alike 2.0 Generic license.*

### Latin

The Latin group is looking for new recruits. Whether you have done Latin and want to brush it up, or are completely new to it, you would be very welcome. Following the Covid break we are planning to do a lot of re-cap sessions and this would be a good time for new people to join us.

We meet at St Mary's, Nanpantan on the first Monday of every month, 10 am -12 noon.

If you wish to discuss joining us, do talk to Tony Payne our very patient teacher, or contact Anne Berrisford on [Latin@charnwoodu3a.org.uk](mailto:Latin@charnwoodu3a.org.uk)

Moira Ackers



## October 2021 Meetings

MON	TUE	WED	THU	FRI
				<b>1 Oct</b> 10.00 German Adv 10.00 Line Dance 10.00 Mah Jong 2 10.00 Table Tennis 7 10.30 Photography 10.30 Tai Chi 12.00 Lunch Club 1 12.00 Table Tennis 6 13.30 Pilates 1 14.00 Book Group 2
<b>4 Oct</b> 09.30 Yoga 10.00 Latin 11.00 Table Tennis 1 14.30 Group Leaders	<b>5 Oct</b> 09.30 Pilates 2 10.00 10+ Walks 10.00 Spanish 11.00 Table Tennis 2 14.00 Canasta 1 14.00 Sing4Pleasure	<b>6 Oct</b> 10.00 Classical Greek 10.00 German 10.00 Golf 10.00 Jigsaw Exch 10.00 Mini Tennis 11.00 Table Tennis 3 14.00 Meditation 14.00 Sustain Planet	<b>7 Oct</b> 10.00 Sci Tech 2 10.00 Spanish Conv 11.00 Table Tennis 4 14.00 Bowls Indoor 14.00 French Conv	<b>8 Oct</b> 10.00 Classical Civ 10.00 Line Dance 10.00 Mah Jong 2 10.00 Table Tennis 7 10.30 Tai Chi 12.00 Table Tennis 6 13.30 Pilates 1
<b>11 Oct</b> 09.30 Yoga 10.00 Poetry 1 11.00 Table Tennis 1 14.00 Archaeology 14.00 Chess 14.00 Quiz group	<b>12 Oct</b> 09.30 Pilates 2 10.00 EngParC Zoom 11.00 Parlata Italiano 11.00 Table Tennis 2 14.00 Canasta 1 14.00 EngParC Live 14.30 Calligraphy	<b>13 Oct</b> 10.00 Committee 10.00 Golf 10.00 Mini Tennis 11.00 Table Tennis 3 14.30 MonthlyMeet	<b>14 Oct</b> 10.00 Les Sportives 10.00 Thurs 6 Milers 11.00 Table Tennis 4 14.00 Bowls Indoor 14.00 Making Music	<b>15 Oct</b> 10.00 German Adv 10.00 Line Dance 10.00 Mah Jong 2 10.00 Table Tennis 7 10.30 Photography 10.30 Tai Chi 12.00 Table Tennis 6 13.30 Pilates 1 14.00 Art Apprec'n 15.00 Mac Users
<b>18 Oct</b> 09.30 Yoga 11.00 Table Tennis 1 14.00 Gardening	<b>19 Oct</b> 09.30 Pilates 2 10.00 6+ Walks 10.00 Spanish 11.00 Table Tennis 2 14.00 Canasta 1 14.00 Sing4Pleasure	<b>20 Oct</b> 10.00 German 10.00 Golf 10.00 Mini Tennis 10.00 Poetry 2 11.00 Table Tennis 3 14.00 Family History 14.00 Italian Conv 14.00 Meditation	<b>21 Oct</b> 10.00 Parish Walks 11.00 Table Tennis 4 14.00 Bowls Indoor 14.00 French Conv 14.00 Scrabble 4 18.30 Supper Club 2	<b>22 Oct</b> 10.00 Line Dance 10.00 Mah Jong 2 10.00 Table Tennis 7 10.30 Tai Chi 12.00 Table Tennis 6 13.30 Pilates 1 19.30 Wine Apprec'n
<b>25 Oct</b> 09.30 Yoga 11.00 Table Tennis 1 14.00 Chess 14.00 Local History	<b>26 Oct</b> 09.30 Pilates 2 10.00 ETHEL 11.00 Parlata Italiano 11.00 Table Tennis 2 14.00 Canasta 1 14.00 Needlecraft 2 14.00 Philosophy1	<b>27 Oct</b> 10.00 Golf 10.00 History 3 10.00 Mini Tennis 11.00 Table Tennis 3 14.00 Classical Music	<b>28 Oct</b> 10.00 Les Sportives 10.00 Thurs 6 Milers 11.00 Table Tennis 4 14.00 Architecture 14.00 Bowls Indoor 14.00 Making Music	<b>29 Oct</b> 10.00 Table Tennis 7 10.30 Tai Chi 12.00 Table Tennis 6 13.30 Pilates 1

**PLUS on Saturdays:** 2nd and 16th October - Saturday Walks, meeting at 10 am.  
 16th October - Days of Interest trip to Tattershall Castle & Lincolnshire Aviation Heritage Centre

**Please Note:** Some of these meetings *may* be open to non-members of the group. Please check with the Group Leader if interested. For more information, visit our **website** (<https://www.charnwoodu3a.org.uk>) for the interactive calendar which is regularly updated, with direct links to the group pages for more details. If there are any errors in the above calendar, or any additions for future months, please send details to the Editor at [newsletter@charnwoodu3a.org.uk](mailto:newsletter@charnwoodu3a.org.uk).

## Members' Stories

### Chocolate, Beam Me Up

It first appeared at a Loughborough GP's surgery and it spread from there into other surgeries, clinics and hospitals across the country and other parts of the world.

What am I talking about, another Covid, perhaps one of the flu pandemics, etc.? No, thankfully I'm referring to the development of computerised clinical records. So how come Loughborough gets a mention, surely this old market town had nothing to do with this? Well you'd be wrong to think that.

In fact, back in the 1980s, Dr James Read of Park View Surgery in Loughborough invented a coding scheme to be used to record the health, medications, treatments, etc. of his patients. The coding scheme - known as the "Read Codes"\* - spread rapidly into the computer systems being introduced into GP surgeries across the UK.

The adoption of a common coding scheme made it easier to track treatments given to patients if they moved home. Also, medics could compare notes to spot new and changing threats to our health.

Given the success of the Read Codes in GPs' practices, it was no surprise that UK government health departments decided that it should be expanded to include terms for all the medical and clinical professions.

The national NHS CCC (National Health Service Centre for Coding and Classification) was established in Woodgate, central Loughborough. The CCC set up teams with representatives from all the major clinical professions. Over 2,000 clinicians were directly involved in the development of Read Codes.

I had two roles with the CCC. Firstly, with a background in R&D into making computer systems easier to use, I joined Professor Stewart Orr in his travels around the country, engaging with clinicians to get their support.

Secondly, as a computer programmer, I developed the software that was used by the CCC's clinicians to capture and codify the clinical terms. Such software needed to be comprehensive, reliable,

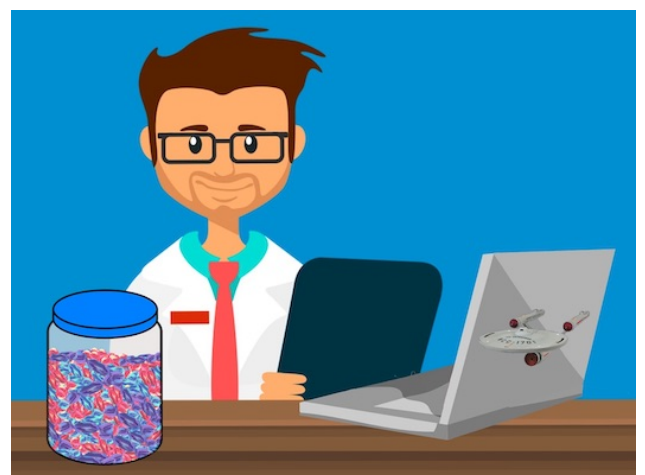
easy to use by clinicians and as bug-free as possible. This is where the "Chocolates" come in.

During the program development, there was the usual outbreak of bugs. However none of the users wanted to spend any time telling me about them, let alone give me a recipe that would reproduce a problem. I tried leaving comment sheets, pop-in sessions, cajoling, begging even, but nothing worked.

Then I had an idea: what about giving a chocolate sweet as a reward for each bug properly recorded, together with a recipe? This worked a treat! The sweetie jar emptied quickly as sweet-toothed clinicians eagerly claimed their rewards for a steady stream of bug reports. Bugs were squashed at a rapid rate!

So why "Beam Me Up" in this article's title? Well, unknown to me, the clinician users of my software had given me the nickname "Scotty", after the Chief Engineer in the original Star Trek series! Why? Because I'd often give a worried look and warn the user how long it might take to fix a newly reported bug, only to fix it much faster than feared. Such 'urgent' fixes were thought to be "beam-me-up moments"!

Peter Reid



\* Read Codes were superseded as part of "SNOMED-CT" in April 2016:  
<https://digital.nhs.uk/services/terminology-and-classifications/snomed-ct>

## Might you have 'The Dreaded Lurgi' after all?!

We are frequently being confronted with the question: Do you suffer from any of the following symptoms: high temperature, persistent cough or loss of taste or smell?

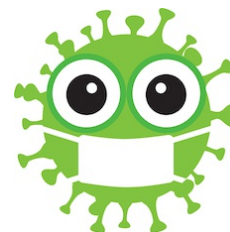
I suffered none of those but after several negative 'Lateral Flow' tests (and just before I was due to go on holiday!), I received a positive result from a PCR test carried out at the Birstall Drive-in Test Centre.

As I only had one or two mild and apparently unrelated symptoms, I was prompted to research the question of Covid symptoms in the 'Fully Vaccinated' and was surprised to learn that, in addition to the above, the following symptoms are well documented:

Chills or shivers  
Headache  
Shortness of breath  
Hoarse voice  
Loss of appetite

Sore throat  
Unusual tiredness  
Chest pains  
Diarrhoea  
Red and sore fingers or toes

Sudden confusion  
Skin rash  
Muscle pains  
Constipation



I am at a loss to understand why, when the majority of the population have been 'double jabbed', these apparently common symptoms are not widely publicised by the NHS and other agencies. Could it be that there are thousands of infected people, unwittingly spreading the virus, as a result?

J.E.

## Friends of Charnwood Museum

The Friends of Charnwood Museum are continuing to hold talks via Zoom, as the limited space available at the museum makes any sort of distancing impossible. As they do need to start raising money for the museum, from now onwards these will be free to members of the Friends only. Non-members will be charged £4 as was previously the case when they met at the museum.

The next talk is on **October 21st** when **Professor Panikos Panayi** will speak about ***The History and Identity of Fish and Chips***. This lecture unwraps the origins, history and identity of Britain's most popular take-away. It investigates the origins of fish and potato eating in Britain, describes the meal's creation during the nineteenth century and explores the series of technological and economic developments that changed its component foods into items of mass consumption. It also explores the connection with issues of class and identity; despite being a notable culinary symbol of Britain, the dish has far more extensive ethnic affiliations. Fried fish was widely consumed by immigrant Jews before spreading to the English working classes in the early nineteenth century, and by the twentieth century other migrant communities such as Italians played a leading role in the fish-and-chip trade.



Under the new system everyone, even members, will need to book via the museum website:

<https://www.charnwoodmuseum.co.uk/events>

The first time you do this you will need to create an account. Members may then book in free using a code they will be sent, non-members to pay the £4 charge.

## Online Lectures from Loughborough University

The National Centre for Sport and Exercise Medicine (NCSEM) are presenting an Autumn series of free public lectures, delivered online. These include:

**6th Oct, 5.30 - 7.15 pm: Stress, sitting time and physical activity caloric equivalents**  
**3rd Nov, 6 - 7 pm: Hearing loss, health and wellbeing**

For details of these and other free online talks, go to:

<https://www.lboro.ac.uk/news-events/events/categories/lectures/>





## News from the National u3a

### *u3a Radio Podcast is Back*



The u3a radio podcast has returned after its summer break, with an episode that features an interview with Islington u3a member Rosemary (who travelled in the footsteps of Victorian explorer Nellie Bly), new Third Age Trust Chair Liz Thackray ... and more. Listen to this at:

<https://www.youtube.com/channel/UCrqc8qYDZ4U24lq0J4qx0fQ>

### *On-Line Events this Month:*

Various free on-line events are on offer in October. These include:

- **How to Stay Safe Online** with Barry Linton of Thorpe Bay u3a (Wed 6th Oct, 10 am)
- **Celebrating National Poetry Day** with Hilda Bronstein of South Bucks u3a (Thu 7th Oct, 10 am)
- The first of a series of 3 lectures on the **Geology of Sedimentary Rocks** with Martin Eales of Sutton u3a (Thu 7th Oct, 2 pm)
- **The Climate Emergency: Is COP26 'Our Best Last Chance'?** with Brenda Ainsley of Cotgrave & District u3a (Thu 21st Oct, 10:30 am)

...plus cookery demonstrations, maths activities, cycling networking and more. For details of these and other upcoming on-line events offered by the National u3a, including how to book, go to:

<https://www.u3a.org.uk/events/educational-events>

### *National u3a Newsletter and More:*

To register to receive the latest National u3a newsletter, go to: <https://www.u3a.org.uk/newsletter> where you will find a link to previous issues. You can also access previous issues on our Charnwood u3a website under 'News' - National U3A Newsletters... going back to the beginning of 2019.

Also check out the u3a journal **Sources** at <https://sources.u3a.org.uk/>, the u3a learning blog which runs year-round with stories from members about their u3a groups and updates about national projects.

Also see the u3a National programmes page at <https://www.u3a.org.uk/learning/national-programmes> for more news and ideas.

## Help to Run Hybrid Meetings

Is your group thinking of running meetings where some members attend in person whilst others join in via Zoom? As a group leader, maybe you've already tried this and encountered some issues? If so, the following may be of interest to you:

The London Region u3a is offering **drop-in sessions via Zoom**, run by a team of tech skilled u3a members, for members from all over the UK to learn about the support available for running hybrid meetings. Participants are encouraged to raise questions and request advice on alternative ways of running u3a meetings. These sessions will be held **every Wednesday 13.00 - 14.00 throughout October to January**. Joining details are as follows:



Zoom link:

<https://us02web.zoom.us/j/81993153499?pwd=OHM5eTICS2YxaUdyRIZMcjFLU2tKQT09>

Meeting ID: 819 9315 3499

Passcode: 754565

## Quiz Time: (answers in next month's News & Views)

- 1) Which fortnightly magazine's "dumb Britain" column compiles stupid quiz show answers?
- 2) The last words of the Confederate General 'Stonewall' Jackson inspired which Ernest Hemingway novel?
- 3) What is the smallest planet in the solar system (as the system is currently understood and known)?
- 4) In 1977 who replaced which original Sex Pistols guitarist?
- 5) If one divides the number of medals won by Great Britain at the Tokyo 2020 Olympics by the number of symphonies for full orchestra by Mendelssohn, what is the answer?
- 6) Harold Wilson, Edward Heath, Barbara Castle and Roy Jenkins all graduated from Oxford University with a degree in what discipline?
- 7) Which European country's intelligence agency is (in translation) "General Directorate of External Security" ?
- 8) Shepherd Neame is considered to be Britain's oldest what?
- 9) The River Sherbourne flows through which British city?
- 10) What is the only organ of the human body that can float on water?
- 11) In Canada it is called "Expropriation", in the USA it is "Eminent Domain". What is it called in the UK?
- 12) Which sport is the Japanese Gateball similar to?
- 13) New Columbia is a proposed state in which country?
- 14) What dramatically occurred just over the River Humber in 1921?
- 15) Name England's smallest city by population.
- 16) Atoms are most tightly "packed" in which state of matter?
- 17) Which motor company was founded by Martin Eberhard and Marc Tarpenning?
- 18) Which novelist is best known for her fantasy series "The Dark Is Rising"?
- 19) Who is the main antagonist of Othello in Shakespeare's play?
- 20) How many chukkas are there in a polo match?



## Poetry Corner

### SOLILOQUY

Throughout this life we struggle to attain  
Prosperity, success, or even fame.  
We scrutinise each step, sometimes in vain,  
When human frailty makes us miss our aim.

We read about the rich and great at play,  
While we achieve our slow, mundane advance,  
And ponder how it came about that they  
Are privileged to have each golden chance.

While some folk live in sorrow, some in pride,  
(For every garment is not made of silk),  
Each wave upon the sea of life must ride,  
And cannot merely float, like cream on milk.

Each wave, however great, when at its crest  
Must fall and break, at wind's and tide's behest.



Copyright Louie Carr, 2000.  
Published in *A Generation of Rhyme*,  
Anchor Books, 2000.  
SB ISBN 1 85930 807 4

## Group Leaders Meeting

This is a reminder that the **next Group Leaders Meeting** will be held **via Zoom on Monday 4th October at 2:30 pm**. Information about this has already been circulated to Group Leaders, but if you have not yet responded to the notification, please email Hilary Knowles at [groupscoordinator@charnwoodu3a.org.uk](mailto:groupscoordinator@charnwoodu3a.org.uk) to let her know whether you will be attending.



The Agenda for the meeting can be found at:

[www.charnwoodu3a.org.uk/siteb/MembersAreaPublic/pdfdocsMem/GLMeet\\_Agenda\\_2021\\_10\\_04.pdf](http://www.charnwoodu3a.org.uk/siteb/MembersAreaPublic/pdfdocsMem/GLMeet_Agenda_2021_10_04.pdf)

If you have any specific questions, please email them to Hilary in advance of the meeting.

## It's Your Committee Too!

If you have ever wondered what goes on at a Committee Meeting of Charnwood u3a, now's your chance to find out! Members are always welcome to attend any of our Committee meetings by prior arrangement, as observers. The next three meetings are all planned to be held **via Zoom** on the morning of the **second Wednesday of each month (Oct-Dec)**, from 10:00 to 12:00 (with a comfort break in the middle). Our next face-to-face meeting is planned for January.

If you would like to attend one of these meetings and see what we do, please contact our Chair on [chair@charnwoodu3a.org.uk](mailto:chair@charnwoodu3a.org.uk)

## Obituary

### Dee Graham

It is with great sadness that we report the passing of Dee Graham on 16th September 2021. Our condolences go to her family and all who knew her.

*Helen Davison has sent the following tribute:*

When I first joined Charnwood U3A (capital letters in those days!) Dee Graham was our Treasurer, having taken over from Hazel Burt at the 2005 AGM. Dee was friendly and encouraging and very thorough as Treasurer and as a newbie I was a little scared of her and in awe. I soon learned that she was also charming, intelligent and an enthusiast for the U3A movement, and with a sense of fun and humour.



She was a keen Mah Jong player and enjoyed encouraging new people to learn the skills of the game.

As Dee grew older, she continued with Mah Jong and ran a group in her own home for many years, helping to set up a second group that continues to this day.

In my records I found this photograph of the Committee in 2006. You may recognise earlier versions of some of the current members as well as Dee (*front row, second from left*), and some past members.

Helen Davison

## Items for News & Views

Do you have an announcement, story, poem - or even a short comment - to share with your fellow Cu3a members? All contributions are very welcome, and we can preserve your anonymity if you prefer that your name does not appear in the newsletter.

There is a limit of around 500 words per item, and photos are very welcome.

To enable the newsletter to be compiled in time for delivery to members at the start of each month, the deadline for receiving items will normally be the last day but one of the previous month. The deadline for the **November** issue of **News & Views** will be **Friday 29th October (12 noon)**.



Please send your contributions to the Newsletter Editor at: [newsletter@charnwoodu3a.org.uk](mailto:newsletter@charnwoodu3a.org.uk)

Please make sure you include your contact details with your item, and try not to leave it until the last minute if at all possible.

The Editor reserves full editorial rights as to length and suitability and the Editor's decision is final.

News & Views is sent to all Charnwood u3a members by email link (or, for those without email, by post) before the monthly meeting. It is also available to read on the Charnwood u3a website each month at [www.charnwoodu3a.org.uk](http://www.charnwoodu3a.org.uk) under the News menu.

Thank You!

Helen Reid  
Newsletter Editor  
Charnwood u3a



## Contact Details for Committee and Group Leaders

Names and photographs of the Committee and their generic emails ending @charnwoodu3a.org.uk are available on our website under Contact Us - Committee Contacts.



The names and generic email addresses of Group Leaders for each group can be found on that group's dedicated website page, accessed via Our Groups - Groups Listed...

Telephone numbers of Group Leaders can be accessed from the Members area of the website, using login details previously supplied.

*Note: Where personal contact details appear in News & Views, these are included with permission.*

## Some other useful u3a web addresses:

National u3a: <https://www.u3a.org.uk>

The Association of East Midlands u3as: [www.eastmidlandsu3as.org.uk](http://www.eastmidlandsu3as.org.uk)

Leicestershire and Rutland Network: [www.landru3a.org.uk](http://www.landru3a.org.uk)

Beacon system: <https://beacon.u3a.org.uk>

