

News & Views



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Our Website

Check out our website at: www.charnwoodu3a.org.uk for lots of information about Charnwood u3a: our meetings, trips, all our Groups and much more.

Welcome

...to the June edition of *News & Views*, the newsletter of Charnwood u3a. We hope you'll find it both entertaining and informative. The content is written by members, and details for sending contributions can be found on the last page.



Our Next Monthly Meeting: Glenfield Secret Garden



See page 2
for details

View from the Chair

Hello Everybody,



The first of June is officially the start of British Summer Time - and, in traditional British fashion, it's been raining for much of last week. Luckily I missed the showers during a visit to Birmingham to see my granddaughter. Lovely time in Brum, but the train journey was something of a challenge. I must have apologised fifty times as I tried to manoeuvre my way through to an empty seat. A recent survey by Interflora found that British people apologise up to nine times a day, 90% of us regularly apologising for things that weren't our fault. Is it just a British habit? Do women do it more than men? Or is it yet another downside of ageing?

Of course there are upsides to getting older. Getting short-sighted? It means you can still look 30 in the mirror. Aching joints? An excuse to sit on the sofa and watch tennis. In fact, I've discovered that June 11th is Age Without Limits Day, when we're invited to celebrate our advancing years and to 'take a stand against assumptions and stereotypes that hold us back'. One idea is to take up something we've always wanted to try. So do have another look at the list of activities on our website. If there's nothing you fancy, why not start a new group? Ask Helen, our newsletter Editor, to put something in *News & Views* and you could find other members with the same idea.

One thing many of us struggle with is IT. We don't all have a young person on hand to steer us through the technical maze of the internet, but even us older folks in the u3a can help. See page 8 for the range of support we can offer.

As usual, there are lots of great things to see and do in this edition of *News & Views*. As well as activities in our own u3a, the national website has a wide range of online talks and events. It's well worth a look - click on the links if you have the newsletter on screen, or just Google u3a. Among the offerings this month are 'Use of Artificial Intelligence in Healthcare', 'Mindfulness and Meditation' and 'Time to get out the Barbeque' (with accompanying brolly I assume).

One talk I missed last month was 'Secrets of the Human Brain'. A pity - they might have explained why I keep saying 'Sorry'...

All the best

Pam
chair@charnwoodu3a.org.uk

Our Monthly Meetings

The monthly meetings of Charnwood u3a are on the **second Wednesday afternoon, 2.15 for 2.30 pm in Emmanuel Church**, Forest Road, Loughborough. The main car park for the church is accessed via Ingle Pingle, to the west of the church. Our monthly meetings are free to all, and we welcome prospective new members attending a meeting as a 'taster'. New members are invited to arrive at 2 pm to meet other members before the main meeting. If you think you'll need any assistance at the meeting, please contact our Chair in advance on chair@charnwoodu3a.org.uk

Last month, we enjoyed a fascinating talk by local historian Brian Johnson about local businesses which expanded to become household names. The talk revealed some interesting facts about how the businesses developed, often radically changing their products. We learned that Henry Walker's butchery business only started making potato crisps in 1948 in response to WW2 meat rationing. We also heard how major electrical retailer Currys started out in 1884 as a small Leicester business just making and selling bicycles.



Our Next Meeting: Wednesday 11th June

Glenfield Secret Garden with Adrian Allsop

Glenfield Secret Garden is a nineteenth century walled garden in the grounds of the Glenfield Hospital. It covers one acre and is hidden behind the walls of a Victorian Walled garden. It was abandoned and has now been restored by volunteers for the benefit of patients and staff at the hospital.

In this talk, Adrian will tell the story of the garden and how you can support and visit it. Further information about the garden can be found at:

<https://ngs.org.uk/gardens/the-secret-garden-glenfield-hospital-le3/>

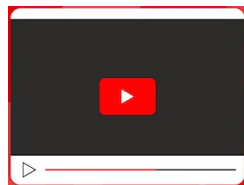
and also in the article published on page 8 of the June 2023 edition of *News & Views*.



Note that the garden is having **Open Days** on **21st June and 19th July (both Saturdays), 10:30 - 15:00**, admission £3.50 for adults, children free.

To attend this meeting:

If you wish to attend the meeting in person, no prebooking is required - just turn up on the day, with your Cu3a membership card, if you have one. **If you are a new member, or attending a monthly meeting for the first time, you are invited to arrive at 2 pm.** Otherwise, please aim to arrive about 2:15 for a prompt start at 2:30 pm.



If you are unable to attend in person and would like to follow the meeting online (via YouTube), again no prebooking is required. All members who have supplied an email address will be sent a link to the live stream a few days beforehand in a reminder email from the Chair.

Looking Ahead:

Next month, on **9th July**, we welcome Mick Gregory who will give us a brief **History of the Ambulance Service**, taking us through Ambulance Service changes and the huge development of their vehicles, equipment and training from pre NHS up to the present day. **Note: there will be no meeting in August.** For a summary of meetings up to and including October, see page 3 of April's edition of *News & Views*.

More information on upcoming meetings will appear in future issues of *News & Views* and also on the **Monthly Meetings** page under the 'Events' menu on our website <https://www.charnwoodu3a.org.uk> (login needed to see details beyond title/speaker).

Group News

Line Dance 2 Let's Go Girls

On Saturday May 10th a small group of brave line dancers performed a medley of eight dances at a cabaret evening at Loughborough Baptist Church. The photo shows the ladies from the Line Dance 2 group ready to perform.

New members are welcome, whether you are a beginner or have been line dancing for years. We'd love to see you. We meet every Thursday at Brush Bowls Club, Nanpantan Road, Loughborough.

Contact Jane North at Northstar2@tiscali.co.uk



Opera Visits

During May, we enjoyed two trips to Leicester De Montfort Hall, one trip to Nottingham Theatre Royal and one trip to Loughborough Odeon cinema. Free lifts are offered with parking costs shared at £2.50 - £3.33; tickets in May were £25, £31 and £15.

Our next trip is on **Tuesday June 3rd to Nottingham Royal Concert Hall:**

The Halle Orchestra, Beethoven 9th Symphony, The Choral featuring Ode To Joy (the EEC theme).

Two free car lifts with small share of car parking. Tickets £31.

Please telephone Diana Harvey immediately at 01509 232227 if interested.



Also on Tuesday 3rd June at Loughborough Odeon, The Barber of Seville, £15; please buy your own ticket (online booking cheaper).

Further cinema opera t.b.a. Please phone Diana. There are no local theatre opera concerts during the summer.

Equality, Diversity and Inclusion (EDI)

Our next EDI team meeting will be held at **Gorse Covert Community Centre on Monday 9th June, 2 - 4 pm**, with a tea/coffee break halfway through.

We look forward to a lively discussion of relevant issues, including a look at the various advice pages provided by the Third Age Trust, and feedback from the recent Group Leaders meeting.

If you have any comments or suggestions of topics we could tackle, please email newsletter@charnwoodu3a.org.uk as we'd love to hear your views.

Also, if you might be interested in joining the EDI team - who normally meet once every two months at Gorse Covert - please let us know. You'd be very welcome.

Helen Reid



News of Your Group

Do you have news from your group to share with other Charnwood u3a members?

All contributions are very welcome, preferably by email to newsletter@charnwoodu3a.org.uk



Photos are always welcome - though not compulsory! Please remember to send in your contribution ahead of the deadline given on the last page of each issue.

Not Group News, but...

...A reminder that members are always welcome to attend any of our **Committee meetings** on the second Wednesday of the month (10 am - noon) in John Storer House, by prior arrangement, as observers.

If you'd like to attend one of these meetings and see what we do, please contact our Chair on chair@charnwoodu3a.org.uk

Parish Walks

Nine members of the Parish Walks group enjoyed a 4 mile ramble from Groby Pool carpark on a beautiful sunny day. First we walked past the pool looking at all the swans, geese and ducks, and we then headed through Sheet Hedges woods stopping to look at the bluebells. Upon arriving in Newtown Linford we stopped for a coffee and ice cream break. We then walked back towards Groby past the disused quarries and pool.



Our June walk will be from Gorse Covert, with Helen the walk leader.

Please contact Mike Hill if you are interested in joining this group. Email ParishWalking@charnwoodu3a.org.uk

10+ Mile Walking

Our May 10+ walk was from Matlock Station, where we walked through the park to High Tor, with panoramic views across the valley. The route continued along Giddy Edge, which is somewhat narrow and exposed. Fortunately everyone was very brave and made it safely across.

We then visited Lumsdale, with its waterfall, ponds and industrial archaeology. Crossing sometimes pathless access land, we returned to Matlock via Sydnop Brook and another waterfall.

Another great Derbyshire walk from our leader John Sampson.

Mike Hill



Days of Interest: **April and May Trips and Spare Places on July Trip to Llandudno**

Our April trip was to Bletchley Park – famous home to the wartime code breakers. For those of us who had visited before, it was noticeable that there had been lots of changes with much more to see, plus special exhibitions and generally improved displays. Many of us also took the guided tour which took us around some of the lesser known buildings. The guide was full of stories, including that of how the site became the home of the code breakers and the work of the three Polish mathematicians who cracked the enigma code. He was very complimentary about the impact that the film “The Imitation Game” had had on visitor numbers. He did also comment that Scarlett Johansson didn’t look a lot like the real cryptanalyst, Joan Clarke, whose character she played in the film. Around the site there is also lots of information about both the key well known characters, notably Alan Turing, and all the lesser sung heroes. The AI exhibition was both excellent and thought provoking.



However our most notable event of the day was when we were back on the coach, where we were able to have a mini celebration of Jill Strachan’s 80th birthday; her considerable efforts over the years have kept the Days of Interest Group going. (See Jill pictured left on the coach).

In May we headed north to York – a city with lots of places to see and things to do. Obviously the first thing we all did after getting off the coach was to go and find somewhere for a drink, but after that we all made our different choices. These included boat trips, visits to York Minster, the Castle Museum and the Yorkshire Museum, a walk up to the top of Clifford Tower and along the City Walls together with shopping trips to the Shambles and the more modern shopping areas.



Saturday 19th July – A day at the seaside: Llandudno – Spare Places

We have spaces available on our July trip to Llandudno. The seaside attractions include the longest pier in Wales, which (besides the view) hosts plenty of opportunities to buy ice-cream and freshly made doughnuts. (Beware of the seagulls!) For most of the length of Llandudno's North Shore there is a wide curving Victorian promenade, with lots of seats. From the prom you can also admire the scenic headlands of the Great and Little Orme. If you are feeling adventurous there is tourist bus or you can make your way up the Great Orme via the wonderful Tramway or even use Britain’s longest cable car – weather permitting. As well as these attractions, the town itself has shops and lots of places to eat. We expect to spend around five and a half hours in Llandudno.



Great Orme cable car, Llandudno
Photo: Paul Harrop,
CC BY-SA 2.0

There will be a short comfort break on both the outward and return journeys.

- Price: £33.00 per person
- Depart Tesco Extra, Park Road, Loughborough car park at 08:00 am
- Depart Llandudno at 5:30 pm

Please contact Pauline May – details below – if you are interested in joining the trip.

If you are interested in joining the Days of Interest Group or the trip to Llandudno, please contact Pauline May by email at DaysofInterest@charnwoodu3a.org.uk or by telephone on 07455 167929 for details.

June 2025 Calendar

MON	TUE	WED	THU	FRI
2 Jun 09.30 Yoga 10.00 Craft+Self Help 11.00 Table Tennis 1 13.30 Canasta 2 14.00 Current Affairs	3 Jun 09.30 Pilates 2 10.00 10+ Walks 10.00 Spanish 10.30 Fix I.T. Clinic 10.45 Pilates 3 11.00 Table Tennis 2 12.00 Pilates 4 14.00 Canasta 1 14.00 Canasta1Quorn 14.00 Sing4Pleasure 15.30 Pickleball	4 Jun 10.00 Drama 10.00 German 10.00 Golf 10.00 JigsawBookEx 10.00 Scottish Dance 10.30 Papercraft 10.30 Sustain Planet 11.00 Table Tennis 3 14.00 Cribbage 2 14.00 French Improve 14.00 Reading Group 14.00 Scrabble 2	5 Jun 10.00 Parish Walks 10.00 Sci & Tech 10.00 Spanish Conv 11.00 Table Tennis 4 14.00 Bowls Outdoor 14.00 Line Dance 2 19.00 Canasta 3	6 Jun 09.00 Badminton 10.00 German: RTC 10.00 Line Dance 10.00 Mah Jong 10.00 Table Tennis 7 10.30 Photography 10.30 Tai Chi 11.00 Table Tennis 5 12.00 Lunch Club 12.00 Table Tennis 6 13.30 Pilates 1
9 Jun 09.30 Yoga 10.00 Craft+Self Help 10.00 Poetry 1 11.00 Table Tennis 1 14.00 Archaeology 14.00 Chess 14.00 Digital Imaging 14.00 EDI meeting 14.00 Quiz group	10 Jun 09.30 Pilates 2 10.00 Scrabble 3 10.30 Fix I.T. Clinic 10.45 Pilates 3 11.00 Table Tennis 2 12.00 Pilates 4 14.00 Canasta 1 14.00 Eng Parish Ch 15.30 Pickleball	11 Jun 10.00 Committee 10.00 Golf 10.00 Mini Tennis 11.00 Table Tennis 3 14.30 Monthly Meet 19.00 Canasta2Quorn	12 Jun 10.00 Line Dance 2 11.00 Table Tennis 4 14.00 Bowls Outdoor	13 Jun 09.00 Badminton 10.00 Line Dance 10.00 Mah Jong 10.00 Needlecraft 1 10.00 Scrabble 1 10.00 Table Tennis 7 10.30 Tai Chi 11.00 Table Tennis 5 12.00 Table Tennis 6 13.30 Pilates 1
16 Jun 09.30 Yoga 10.00 Craft+Self Help 10.00 Enjoy I.T. Talk 11.00 Table Tennis 1 13.30 Canasta 2 14.00 Gardening 14.00 Painting	17 Jun 09.30 Pilates 2 10.00 6+ Walks 10.00 Recorder 10.00 Spanish 10.30 Fix I.T. Clinic 10.45 Pilates 3 11.00 Table Tennis 2 12.00 Pilates 4 14.00 Canasta 1 14.00 Sing4Pleasure 15.30 Pickleball	18 Jun 10.00 German 10.00 Golf 10.00 Mini Tennis 10.00 Poetry 2 10.00 Scottish Dance 11.00 Table Tennis 3 14.00 Cribbage 2 14.00 Family History 14.00 French Improve 14.00 Italian Conv 14.00 Scrabble 2	19 Jun 09.45 CC Walks 10.00 Line Dance 2 11.00 Table Tennis 4 14.00 Bowls Outdoor 14.00 French Conv 14.15 Scrabble 4	20 Jun 09.00 Badminton 10.00 German: RTC 10.00 Line Dance 10.00 Mah Jong 10.00 Table Tennis 7 10.30 Photography 10.30 Tai Chi 11.00 Table Tennis 5 12.00 Table Tennis 6 13.30 Pilates 1 14.00 Art Apprec'n
23 Jun 09.30 Yoga 10.00 Craft+Self Help 11.00 Table Tennis 1 13.30 Local History 14.00 Chess	24 Jun 09.30 Pilates 2 10.00 ETHEL 10.00 Scrabble 3 10.30 Fix I.T. Clinic 10.45 Pilates 3 11.00 Table Tennis 2 12.00 Pilates 4 14.00 Canasta 1 14.00 Philosophy 1 15.30 Pickleball	25 Jun 10.00 Golf 10.00 History 10.00 Mini Tennis 11.00 Table Tennis 3 14.00 Classical Music 18.30 Supper Club	26 Jun 10.00 Line Dance 2 10.00 Philosophy 2 10.00 Thurs 6 Milers 11.00 Table Tennis 4 14.00 Architecture 14.00 Bowls Outdoor	27 Jun 09.00 Badminton 10.00 Line Dance 10.00 Mah Jong 10.00 Scrabble 1 10.00 Table Tennis 7 10.30 Tai Chi 11.00 Table Tennis 5 12.00 Table Tennis 6 13.30 Pilates 1 19.30 Wine Apprec'n
30 Jun 09.30 Yoga 10.00 Craft+Self Help 11.00 Table Tennis 1		PLUS at Weekends: Sunday Lunch Club (8th June); Days of Interest trip to Stratford-upon-Avon (21st June)		

Please note: Whilst every effort has been made to show the dates/times of meetings as accurately as possible, errors and changes may occur, so you should check with group leaders for confirmation.

Please send any amendments for future issues to: newsletter@charnwoodu3a.org.uk

Robert's Recommended Reads

For June, Robert's recommendations are two classic novels from the 1850s.

The Woman in White by Wilkie Collins

published in 1859

The Woman in White is one of the earliest detective novels ever written. Nine years after its publication, Collins would go on to cement the ground rules for modern detective fiction with *The Moonstone*. In *The Woman in White*, Collins uses a clever, multiple narrator method to deliver this marvellous, fast paced thriller. Drawing on his experiences as a lawyer, Collins presents each major section of the story in the form of a statement of 'evidence' to create a superb page turner.

Walter Hartright is a London based 'Drawing Master'. Whilst walking home one night in London, he encounters and gives directions to a mysterious and distressed woman dressed all in white. This brief encounter is quickly forgotten as Walter prepares to embark upon a new teaching assignment in Cumbria. However, a series of coincidences and strange circumstances lead Walter on an increasingly febrile quest to solve the mystery of the woman in white. As he continues his investigations, ever more perplexing connections between the chance encounter in London and the enigma of the woman in white emerge. The involvement in the affair of the Fairlie family, Sir Percival Glyde, the Catherick women and the sinister Italian, Count Falco, lead the reader to a breathtaking conclusion with more than one terrific twist.

Collins' elegant prose and outstanding character development combine with a gripping plot to make this a highly enjoyable classic of nineteenth century fiction.



Wilkie Collins
photographed in 1864 by
Cundall, Downes & Co.

Uncle Tom's Cabin by Harriet Beecher Stowe

published in 1852

"The most popular, influential and controversial novel written by an American". This accolade accompanied the launch of the 'Wordsworth' edition of this enthralling book in 1987. Having recently read *Uncle Tom's Cabin* for the first time, I can understand why the editor employed such a powerful introduction. Stowe's novel gave such impetus to the crusade for the abolition of slavery that President Lincoln greeted Stowe as 'the little lady' who started the Civil War.

The principal characters in this groundbreaking novel are worked into the story with great skill. Uncle Tom himself, the fragile Evangelina, fugitive slaves George and Eliza, the mysterious Cassy and the brutal Legree will leave lasting impressions on the reader.

However, the great achievement of Stowe's masterpiece is the portrayal, through these characters, of the terrible reality of the lives of slaves in the Southern States of America. Even after the trans-Atlantic slave trade had been abolished, slaves continued to be bought and sold. They had no more civil rights than a horse or a dog and indeed were routinely treated with less humanity than animals. Stowe was aware that some plantation owners were kind and meted out fair and respectful behaviour to their slaves. In the novel, the St. Clare family portrays both aspects of slave treatment: the gentle and benevolent Augustine's attitude contrasts sharply with that of his wife when she brutally disposes of the estate's slaves.

Although a shocking reminder of the depravity of man, *Uncle Tom's Cabin* is also a wonderfully evocative, spiritually uplifting book with an ingenious and marvellously rewarding 'double twist' at the end. Enjoy!



Harriet Beecher Stowe
photographed ca. 1870

IT For Everyone

IT support for Charnwood u3a members

Charnwood u3a offers IT support to all members in a variety of ways that we hope will cover everyone's needs. You can get help with u3a related problems e.g. accessing and using the u3a website, and also with your personal problems using your phone, tablet, laptop or desktop. This help is provided by u3a members who will do their best to help.

The IT Helpdesk

For 1-1 support by phone, email or a face-face meeting, contact the Helpdesk:
email helpdesk@charnwoodu3a.org.uk or phone **01509 889338 / 01509 213655**

Fix IT sessions

Come along to the drop in sessions at John Storer House Café on Tuesday mornings between 10.30 - 12.00 and bring your phone, laptop or tablet.

Master IT sessions

Group workshops on general IT topics e.g. sending texts, taking photos, managing your files, which can be aimed at the needs of members with different levels of IT experience. These sessions will be advertised in *News & Views*.

Website Manager

If you're having technical problems with the u3a website, or want something putting on the website, you can contact Martyn Speight, the web manager, by emailing: webmanager@charnwoodu3a.org.uk



Leicestershire Festival of Archaeology: Sat 5 July to Sun 3 Aug

Did you know that Leicester is the most excavated city in Britain? So we know a huge amount about its past from the dedicated work of archaeologists. And our whole county is so packed with amazing archaeological interest that – unlike the rest of the country that only has a week-long Festival of Archaeology – we have an entire month of amazing activities exploring all sorts of aspects of our past.

So do check out the Festival website and get booking on events, guided walks, talks and to see exhibitions:
<https://leicsfieldworkers.org/festival-of-archaeology/>

Most of the events are free, and others are very cheap. All of them are run by experts who really know how to put their knowledge across to a wide audience in engaging ways. It's a brilliant way to get to know your county from Stone Age times right through to Victorian Leicestershire. And even if you don't want to, or can't, budge from your own home, there's an excellent archive of online talks on the link above.

Char March

Jewry Wall Roman Museum – re-opening at long last!

The reason our amazing Roman museum has been shut for so long – and delayed... and then delayed again – is because 3 out of 4 of the contractors who bid for the revamp project have gone bust.

But, the great news is that it will definitely open on **Saturday 26th July** this year. Full info at: <https://news.leicester.gov.uk/news-articles/2025/april/leicester-s-revamped-jewry-wall-museum-to-open-in-july/>

Char March



A Reminder...

As reported in the November 2024 edition of *News & Views*, Riviera Travel have a charity donation scheme which can benefit our u3a. Anyone booking directly with Riviera, whether a u3a member or not, can nominate Charnwood u3a. Then Riviera send 10% of the cost of the holiday to the Third Age Trust who deduct a small handling fee and send the balance to us – so we get 9% of booking costs. For further information, see their advertisements in *u3a Matters* magazine.

Upcoming Local Events

Ulverscroft Camera Club
Summer Exhibition 2025
Woodhouse Eaves
Youth and Community Hall
 50 Main Street LE12 8RZ

Sat to Sun
June 21st-22nd
10.00am-4.00pm

Free entry to see outstanding photographs and artistic images taken by club members over the last year.

Visit us at www.ulverscroftcameraclub.com

Have a Go Month June 2025

GoLearn! - Leicestershire County Council's Adult Learning Service - are offering free 'taster' sessions across the County throughout June.

Tasters are designed to give a 'flavour' of the learning opportunities available and, at the end of each session, you will have an opportunity to speak to your tutor about continuing your learning. Tasters cover a wide variety of topics such as languages (including BSL), film appreciation and digital craft and are suitable for all levels of skill and experience.

All tasters are free to those aged 19+ living in Leicestershire, and are hosted in various venues, including Loughborough Library and the Moira Adult Learning Centre. There is also a range of tasters available to anyone wishing try their hand at Online learning this year.

For more information, go to:
<https://golearnleicestershire.ac.uk/events/have-a-go-month-2025/>

Queen's Park Summer Bandstand Concerts

As reported in last month's News & Views, Queen's Park in Loughborough will host a variety of free Sunday concerts for residents and visitors to attend this summer. See below for details.

- 1 June - Charnwood Concert Band
- 8 June - Junkyard Cats Jazz Band
- 15 June - Ratby Crescendo Brass Band
- 22 June - Charnwood Symphonic Wind Orchestra
- 29 June - Melbourne Town Band
- 6 July - Loughborough Concert Band
- 13 July - Loughborough Male Voice Choir
- 20 July - Syston Town Band
- 27 July - Quorn Ukulele Orchestra
- 10 August - The Melton Band
- 17 August - New Orleans Hotshots Jazz Band
- 31 August - Bellatones Band
- 14 September - Nottingham Concert Band

Note: This schedule is subject to change. Any changes will be updated at

<https://www.charnwood.gov.uk/pages/bandstand>

Loughborough Art & Craft Fair



Make a date with a masterpiece!

Sunday 29 June, 2025

10.00 – 16.00

Market Place

Car parking 60p all day at Cranby Street / Beehive

Charnwood Orchestra

Saturday 5th July at 7:30 pm
St James the Greater, London Rd, Leicester

Charnwood Orchestra has its end of season concert, "Titans" when the orchestra welcomes its musical patron and virtuoso violinist Tom Bowes, performing Paganini violin concerto no. 2. Other works include Rossini's Barber of Seville Overture and Mahler's magnificent Symphony No. 1 "Titan". The orchestra is really looking forward to getting to grips with this enormous work, which requires double sets of timpani and woodwind. It is shaping up to be a truly memorable evening's entertainment.

Tickets may be reserved in advance from
tickets@charnwoodorchestra.org.uk
 or from their website at:
<https://www.charnwoodorchestra.org.uk>

Prices are £16 Adult, £14 Concessions and £5 Students and U18s.



the Charnwood Orchestra
 Music Director Nic Fallowfield
 Patron Thomas Bowes
 Est. 1973

Titans

Saturday
5th July 2025
7:30pm

Church of St. James the Greater
London Road
Leicester LE2 1NE

Conductor Nic Fallowfield
Violin Thomas Bowes

Rossini
 Barber of Seville Overture

Paganini Violin Concerto No.2

Mahler Symphony No.1 'Titan'

Tickets:

- The Orchestra website
- tickets@charnwoodorchestra.org.uk
- Members of the Orchestra
- At the door, cash and card payments

£16.00 (£14.00 concessions)
 £5.00 -18s and under or NUS members

[f /charnwoodorchestra](https://www.facebook.com/charnwoodorchestra)
[x /charnwoodorchestra](https://www.instagram.com/charnwoodorchestra)

Friends of Charnwood Museum

Unity House Tour and Talk by Roger Smith

Thursday 12th June, 7:30 - 9 pm
at Unity House, Fennel St, Loughborough

Unity House was built in 1889 as a Medical Aid Centre with a doctor's surgery and a pharmacy on the ground floor and a ceremonial hall on the upper floor. The building was run by a group of friendly societies. The activity declined after the introduction of national insurance by Lloyd George. It was leased in the war as a British Restaurant and bought by Monty Follick MP in 1945 for £1,900, then opened as Labour Party Premises on 1st November 1947. The talk will trace the history of its use and some of the people who used it.

Members £3 and Guests £5. Booking essential - call the museum on 01509 233754 or call in to book.
<https://www.charnwoodmuseum.co.uk/events>



Loughborough University

School of Design and Creative Arts Degree Show 2025

**14th - 18th June, Design Building,
 Edward Barnsley Building and Fine Arts Building**

Students from the School of Design and Creative Arts (SDCA) will showcase their final projects in a physical exhibition on campus, showcasing the hard work, innovation and creativity of the graduating students.

Free admission; no booking required.

Opening times:

14 June - 17 June, 10 am - 5 pm

18 June, 10 am - 1 pm

For further details, see:

<https://sdcashow2025.lboro.ac.uk/preview/>



Loughborough University

Loughborough University Inaugural Lectures:

Wednesday 11th June, 5 pm, Edward Herbert Building, 110b

**How can we change the face of academia
 by how we educate the future engineer?**

Professor Sheryl Williams
 School of Mechanical, Electrical and
 Manufacturing Engineering

More Loughborough University events are at:
<https://www.lboro.ac.uk/news-events/events/>

**How will quantum technologies and
 ultra-precise timing change our world?**

Professor Alessia Pasquazi
 Department of Physics

For details & booking form, see:

<https://www.lboro.ac.uk/inaugural-lectures>

Charnwood Food Festival

Sunday 8th June, 10 am - 4 pm
Market Place, Loughborough

Charnwood Borough Council is hosting an inaugural food festival on Sunday, 8th June. Taking place in Loughborough's historic Market Place, the festival will celebrate all things food and drink.

The Charnwood Food Festival will feature a mix of street food vendors, artisan producers, and local delicacies, alongside live entertainment, children's activities, and a family-friendly atmosphere. See: https://www.charnwood.gov.uk/pages/food_festival



Loughborough Orchestra Concert

Saturday 21st June 7:30 - 9:30 pm
Trinity Methodist Church, Loughborough

Loughborough Orchestra, conducted by John Bean and featuring cello soloist Danushka Edirisinghi, will perform the following programme:

- Rossini: Thieving Magpie Overture
- Berlioz: March to the Scaffold
- Schumann: Cello Concerto
- Brahms: Symphony No 2 in D Major

Tickets: £13 Adults, £11 Concessions, £6 Children & students.

More information and booking at:
<https://www.ticketsource.co.uk/the-loughborough-orchestra>



For other local events, see:

<https://www.discovercharnwood.co.uk/events>

Armed Forces Day Celebration

Saturday 28th June, 11 am - 3 pm
Queen's Park, Loughborough

Charnwood Borough Council is hosting an Armed Forces Day celebration event in Queen's Park on Saturday, June 28 from 11 am 'til 3 pm. This event is free to attend. The day offers a packed programme of entertainment and activities, including military displays, live performances, community stalls, and family attractions.

Visitors can enjoy music, food, parades, and a special moment of reflection at 12.30 pm to honour the courage and commitment of our service personnel past and present.

For more details, go to:

<https://www.charnwood.gov.uk/pages/afd25>



National u3a News

On-Line Talks this month include:

- **Roads were not made for cars!**
with Clifton Hughes, Thu 12 Jun at 2 pm
- **Use of Artificial Intelligence in Healthcare**
with Ian Hawker, Tue 17 Jun at 2 pm
- **Bridge: What's It All About?**
with Steve Carter, Fri 20 Jun at 10 am

For details of these and lots of other upcoming free on-line events offered by the National u3a, including how to book, go to:

<https://www.u3a.org.uk/events/educational-events>

More from the National u3a:

Register to receive the National u3a **Friends** newsletter regularly at <https://www.u3a.org.uk/newsletter>. This will also give you access to the **Friends Extra** website, with a range of discounts, offers and services. As well as the u3a **Friends** newsletter, you can access the latest u3a news at: <https://www.u3a.org.uk/news>

You can find more learning initiatives covering a wide range of interests from challenges and projects to competitions at <https://www.u3a.org.uk/learning/learning-activities>. The u3a learning blog **Sources**, containing posts by u3a members covering a wide range of topics is at: <https://sources.u3a.org.uk>

Obituary

Diane Denton

We were sad to learn that Diane Denton, a member of Charnwood u3a for over 20 years, has recently passed away, having been in hospital since Christmas. She was a member of Scrabble 4 and Table Tennis 5 for many years. She played table tennis most weeks and will be sadly missed by her u3a friends.

Our thoughts and condolences go out to her husband Chris, also a Cu3a member, and all her family and friends.

Items for News & Views

Do you have an announcement, story, poem - or even a short comment - to share with your fellow Cu3a members? All contributions are very welcome, and we can preserve your anonymity if you prefer that your name does not appear in the newsletter.

There is a limit of around 500 words per item, and photos are very welcome - but please ensure you have permission of anyone identifiable in the photos.

To enable the newsletter to be compiled in time for delivery to members at the start of each month, the deadline for receiving items is normally the last day but one of the previous month. The deadline for the **July** issue of **News & Views** will be **Sunday 29th June (12 noon)**.



Please send your contributions to the Newsletter Editor at: newsletter@charnwoodu3a.org.uk

I always acknowledge all emails received, so if you don't get a reply within a few days, please contact me again as some emails do go astray!

Please make sure you include your contact details with your item, and try not to leave it until the last minute if at all possible.

The Editor reserves full editorial rights as to length and suitability and the Editor's decision is final.

News & Views is sent to all Charnwood u3a members by email link (or, for those without email, by post) before the monthly meeting. It is also available to read on the Charnwood u3a website each month at <https://www.charnwoodu3a.org.uk> under the News menu.

Thank You!

Helen Reid
Newsletter Editor
Charnwood u3a



Committee, Support Teams and Group Leaders' Details

Names, photos and email links for all the current Committee members can be found on our website under Home -> Our Committee, along with details of our Support Teams. In the case of our Membership Secretary and Web Manager, phone numbers are also given, as are those of our IT Help Desk Team.

The names and generic email addresses of Group Leaders for each group can be found on that group's dedicated website page, accessed via the Groups Lists.

Note: Where personal contact details appear in News & Views, these are included with permission.



Some other useful u3a web addresses:

National u3a: <https://www.u3a.org.uk>

The Association of East Midlands u3as: <https://www.eastmidlandsu3as.org.uk>

